

# The Gateway



BULLETIN OF THE ROTARY CLUB OF BOMBAY

VOLUME 66, ISSUE NO. 48, JUNE 10, 2025

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## THIS TUESDAY

PP Haresh Jagtiani and Sharan Jagtiani will address the Club on the **Lighter side of Law.**

## COMING UP

**June 14<sup>th</sup>, 2025**

Rotary Fellowship group trip to Hadaspur, Pune.  
[Details here](#)

**June 17<sup>th</sup>, 2025**

TBA

**June 19<sup>th</sup>, 2025**

Visit to Pimpurna Village.  
[Details inside.](#)

**June 24<sup>th</sup>, 2025**

Shukriya Nite.  
[Details inside](#)

**July 1<sup>st</sup>, 2025**

Rotary Club of Bombay's installation ceremony of incoming President PE Bimal Mehta and his Board of Directors.  
[Details inside](#)

## Dr. Mickey Mehta, visionary mentor for holistic health, healing and wellness on serious ailment management



A very good afternoon, everybody. Who other than my *bade bhai*, Dr. Mukesh Batra, who I've known for 40 years, and I truly consider him a veteran of the business of, I will not say medical science, but health and wellness. He's been a friend, philosopher and guide always. Thankfully, he's been a part of my life — and he had no choice but to make me a part of his life! And here we are.

My topic today is serious ailment management. Serious health and management is all about — a quote comes to my mind by poet William Blake.

*"We are led to believe a lie.  
When we see from and not  
through the eye;*

*For we are born in the night to  
perish in the night, While our  
souls rest in the beams of light."*

Whatever that means. But the bottom line of this is that most of us sitting here in this room and under the sky live our lives in absolute ignorance.

If you were to see what brings death to humanity — of course, disease brings death. But death and disease both shouldn't be your destiny. You should have

*ichcha* with you — *ichcha jeevan* — to breathe your last with a smile and pass away. Transmigrate. Transform. Reform. But not die of diseases and pins and needles on hospital beds, being helpless, with nurses supporting you. Is that the way you want to end? No.

The choice is ours.

Death typically comes with the forces of entropy. As physics says, the universal law of orderliness breaks into disorderliness with time — matter, space, light, motion, mass, causation, effect, and gravity. Now, that can be countered by the eight limbs of yoga: *Yama, Niyama, Asana, Pranayama, Pratyahara, Dharana, Dhyana, Samadhi* — whatever they mean. I can tell you later. **CONTINUED ON PAGE 6...**

## Actor Pooja Bhatt and director Nabeel Abbas on the plight of stray dogs and the need to adopt, not shop for dogs



MR. NABEEL ABBAS:

This film is my way of doing something from the heart because at the bottom of one's heart, one always loves pets, friends' pets, family-friends' pets. Pooja's love for dogs and cats is above anything I have seen — and I have a lot of friends who have pets. But she's at another level.

So when Ramesh (PP Ramesh Narayan) reached out — we were at a dinner at one of the IA functions — and he mentioned the possibility of doing this film, I said that the only person I could think of is Pooja Bhatt. And he asked if I would do the film and talk to her about doing it. It was a bit sudden, and Gopal and I were together.

I reached out to her over the next few days and was unsure whether she would say yes. But having worked with her for more than 20 years, in films and campaigns, I knew that if I requested her for some commercial activity, she would say no. But if it was something from the heart — and with so many bodies attached, beginning with this Rotary and so many other Rotaries that Ramesh is going to align with, and so many other shelters — she may say yes.

She didn't just say yes, she said, "Sure, 100%, great thought and great initiative." So that was the encouragement. It was difficult shooting the film — not the Pooja portion, that was the easiest — but, you know, travelling the roads and streets, actually living

*"The only way to do great work is to love what you do. If you haven't found it yet, keep looking. Don't settle. As with all matters of the heart, you'll know when you find it."*

~ Steve Jobs

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that experience. I'm not an early morning person, but I had to go out early mornings for this. And we had to have a very small camera and be nondescript while shooting.

When we did that, honestly, I cried a couple of times. And honestly, there are some of these stray dogs — Indies — that you saw. At first, I was worried whether they would be scared. They're actually not scared at all, and many takes are not there because they would just jump up and come to you. And I would say, "No, no, wait, wait — you have to be there, you have to give a very sad moment. I'm doing a film to raise money!" And then it would have to be redone and redone.

So it looks like a two-and-a-half-minute film, but it took several hours. And thank you to Rotary and thank you to Pooja for making the film possible.

Most important, Ramesh — that one conversation and all the initiatives he's taking to reach it out to media houses across the country — I think that's fabulous.

MS. POOJA BHATT:

I have to thank you. I'm happy with this term I heard today for Ramesh — the madman and the ad man. I think that's why we connected also. There's a strain of madness that runs through passionate and creative people, that's why we are what we are.

But thank you for thinking of this and having that conversation with Nabeel. And thank you, Nabeel, for being in the right place at the right time and for reaching out because there's no way I could have said no.

My life is defined by the animals who have graced me with their presence. So it's not that I'm giving them but that I have got so much from them. They've seen me through such difficult times.



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My last dog that passed away in 2022 — he was my COVID companion. He was 15 and a half, epileptic, a beautiful indie, and he was just the most joyous thing. I lost my eighth indie dog — who had actually come into my life — and now I've got seven cats. So the next film has to be on cats, because you can't adopt cats — they adopt you.

But, this film was a no-brainer; I can't not speak for the voiceless. I'm just wired that way. The underdog, the voiceless — that's where I want to be. And the film says it all: it sees dogs as such beautiful dogs. They're great watchdogs, they have great immunity, and they're low maintenance.

So, I think we should stop supporting these puppy mills, because those animals also suffer so badly. India is not made for half of the breeds — that kind of breed is suffering here. So we need to take responsibility and say, "We've got beautiful desi dogs. The rest of the world celebrates their own, so why not us?"

My favourite quote from my favourite book — White Fang by Jack London — he said something that resonated with me as a little girl: "Charity is not a bone thrown to a dog. Charity is a bone shared with the dog when you are as hungry as the dog."

I come from a business that looks very glamorous from the outside — but we have very brave people. We see lots of ups and downs, and we know what hunger is. And my choice in life is very simple: if I have to deny my animals food and eat myself — no, I will go hungry, but they will eat well, and they will sleep well.

So, thank you, Rotary Club, for doing this. And thank you, Ramesh, again.

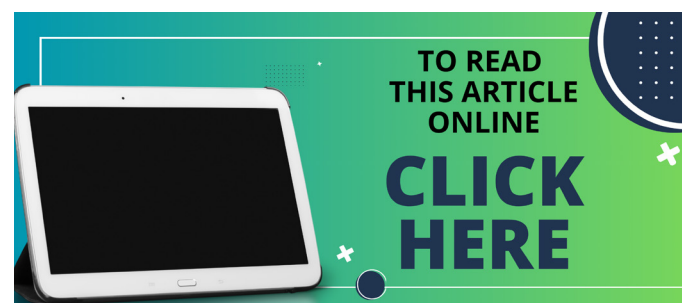
And I think I must say what stayed with me when we were shooting that day — and when Ramesh was narrating to me how his son came to him after that ad, where he had the pug plastered all across India — and there was this wave of children wanting to adopt pugs... I think it was Vodafone, right?

So his son came to him and said, "Daddy, I want a dog, I want a pug." Ramesh asked, "Do you want a dog, or do you want a brand?" His son said, "What do you mean?" So Ramesh said, "Discuss with your mother and come back to me."

Very profound comment. And I think that says it all, really. You see a cute-looking creature in a film and you feel, Ah, it's fad, so I want it now.

We have to drive home the point: don't shop — please adopt. Don't shop — please adopt has always been my mantra. And I think we need to make it a kind of national mantra now. So thank you everyone again. And thank you, Nabeel.

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TO WATCH THE SHORT FILM](#)



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# ROTARY CLUB OF BOMBAY IN NEWS

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### Creating A Safe Space For Indie Dogs: Ramesh Narayan Launches Special Short Film And Book

Reported By : Nishad Thalvalappil CNN-News18


Last Updated: June 03, 2025, 21:03 IST

The adman said he decided he should take baby steps at least and start the movement to establish the indie as a brand

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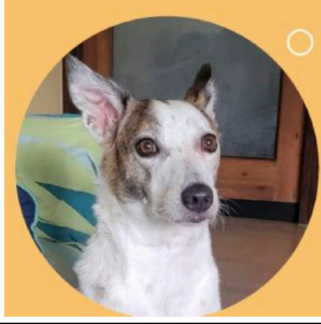


MISSY SAYS:  
DON'T SHOP.  
ADOPT  
AN INDIE.

For advertising mogul Ramesh Narayan, indie dogs have always been more than just pets; they are family. Currently, he is busy with the launch of his short film and a lavish coffee table book titled Missy's Musings.

### Rotary Club of Bombay Launches Film and Book Celebrating Indie Dogs

by MN4U Bureau — June 3, 2025 in Events Reading Time: 1 min read



MISSY SAYS:  
DON'T SHOP.  
ADOPT  
AN INDIE.

“Everyone contributed their time and talent as a labour of love,” shared PP Ramesh Narayan, underscoring the voluntary spirit behind the production. The film aims to create awareness around Indie dogs—India’s native street dogs—urging people to see them not as strays, but as resilient, loving companions deserving of homes.


Complementing the film, a coffee table book titled Missy’s Musings was also unveiled. Designed by Creative Director Dhananjay Khotpal, the book is a vibrant compilation of whimsical and heartfelt social media posts written from the perspective of Missy, PP Ramesh’s adopted Indie dog. These musings, originally shared under the same title online, have struck a chord with readers who delight in the idea of a “dog that writes.”

*“This is a small effort to position the Indie dog as a loving, caring, hardy brand,” said PP Ramesh.*

*“Our message is simple—Don’t Shop. Adopt an Indie.”*

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# TUESDAY MEETINGS AT ROTARY CLUB OF BOMBAY



Rtn. Rina Deora, speakers Ms. Pooja Bhatt and Mr. Nabeel Abbas, guest Gopal Ramourti, PP Ramesh Narayan and President Satyan Israni



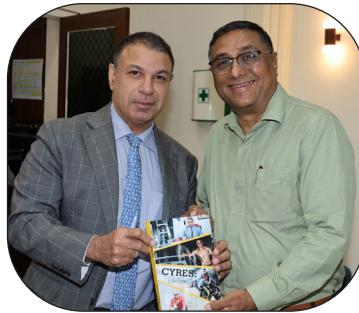
Rotarians Dr. Vandana Bulchandani, PP Rajnikant Reshamwala, Pranay Vakil, Ashok Minawala and guest Darshana Doshi



Rtn. Priyasri Patodia introduces our speakers Ms. Pooja and Mr. Nabeel



Rotarians Rina, Roda Billimoria and Renu Basu



Rtn. Dr. Cyres Mehta hands over a signed copy of his new book to Rtn. Hiren Kara



Rotarians Pranay, PP Rajnikant and President Satyan



PP Dr. Mukesh Batra introduces our speaker Dr. Mickey Mehta



Rtn. Swati Mayekar proposes a vote of thanks



Rotarians Murad Currawala, PP Nirav Shah and Nikhil Sanghai



Rtn. Rina, PP Ramesh and guest Gopal



President Satyan wishes Rtn. Murad for his birthday



Rotarians Ashok Chinai, PP Dr. Rumi Jehangir and Pradeep Gujarathi



PE Bimal Mehta, PP Ramesh and Rtn. Farhat Jamal



President Satyan, speaker Dr. Mickey and Rtn. Anand Dalal



PP Dr. Rumi and President Satyan join the celebration



Rtn. Dr. Vandana and PP Nirav



President Satyan thanks speakers Ms. Pooja, Mr. Nabeel and Dr. Mickey for their time spent with the Club



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# PRESIDENT'S MONTHLY MUSINGS

## A MAY TO REMEMBER: REFLECTING ON A MONTH OF IMPACT AND FELLOWSHIP

Dear Friends,

As we step into June, it's with a mix of pride and nostalgia that I reflect on May, the penultimate month of our Rotary year. It was a month brimming with insightful discussions, impactful service, vibrant fellowships, and significant milestones.

Our weekly meetings continued to be a fount of knowledge and inspiration. We delved into the intriguing world of cyber security with Advocate Puneet Bhasin, who shed light on whether our devices are indeed spying on us – a truly timely and thought-provoking topic.

We were then inspired by Sandeep Kumar, founder of DigiSwasthya Foundation, as he shared his vision and efforts in bridging the healthcare gap in rural India. It's truly humbling to see the innovative solutions being implemented to reach those most in need.

A highlight of the month was the felicitation of NGO Nanhi Kali with the Rotary Club of Bombay Award for Women Empowerment. Their tireless work in educating and empowering young girls is truly commendable and aligns perfectly with Rotary's commitment to creating positive change in communities.

We also had the pleasure of hosting authors Pushpa and Raghu Palat, who regaled us with the captivating story behind their book, "The Case that shook the Empire," which remarkably inspired the movie "Kesari 2." And in a truly enriching exchange, our very own Rtn. Manjeet Kripalani engaged in a fireside chat with Ravi Kant, former CEO of Tata Motors, exploring the 21<sup>st</sup>-century leadership model of "Leading from the Back" – a masterclass in humility and effective guidance.

Our commitment to "Service Above Self" shone brightly throughout May. The successful conclusion of our ten-day Meal Donation Drive in partnership with WithArya, opposite KEM Hospital, was a testament to our collective compassion. Sponsoring 150 meals twice a day for patients of KEM and Wadia Hospitals brought much-needed nourishment and comfort. It was heartwarming to see so many Rotarians participate with their families, embodying the spirit of Rotary in action.

Beyond our impactful service, May was also a month for strengthening our bonds through engaging fellowships. The Rotary Super Chef event on May 17<sup>th</sup>, 2025 was a culinary delight and a testament to the hidden talents within our club! It was wonderful to see Former First Lady Gauri Jatia and her daughters-in-law, Priyanka and Prerna Jatia, showcase their culinary skills. While the competition was fierce and they presented some truly delicious food, securing 2<sup>nd</sup> Runners Up is an achievement to be proud of!



And who could forget our exciting movie fellowship on May 18<sup>th</sup>, where members had an absolute blast catching the latest instalment from the Mission Impossible series. These moments of shared laughter and camaraderie are the threads that weave the fabric of our club.

Our dedication to the future continues through our Bhavishya Yaan program. We were thrilled to send our Bhavishya Yaan children to the celebrated residential Summer Camp at Somaiya University. Their return with rich experiences and noticeable positive changes in their personalities is the most rewarding outcome we could ask for. Simultaneously, our various Bhavishya Yaan summer camps in schools are steaming ahead with gusto, ensuring a summer of learning and growth for many more.

Furthermore, I am incredibly proud to announce that at one of our weekly meetings, we successfully raised a staggering Rs. 1 crore for Pediatric Heart Surgeries and Pediatric Cancer Surgeries. This phenomenal achievement will directly translate into saving young lives and offering hope to countless families. This truly exemplifies the power of our collective generosity and commitment.

All our ongoing projects, such as the RCB Medical Centers in Talwada, Pediatric Heart Surgeries, Dharamshala, Cotton Green Medical Center, the Dialysis Centers, continue to operate with unwavering dedication, serving communities and making a tangible difference every single day.

As we move into the final month of this presidential term, I am filled with immense gratitude for your unwavering support, enthusiasm, and dedication. Together, we have achieved so much, and I eagerly anticipate what we will accomplish in the remaining weeks.

Yours in Rotary,

**Satyan Israni**  
President



# Dr. Mickey Mehta, visionary mentor for holistic health, healing and wellness on serious ailment management

...CONTINUE FROM PAGE 1

But they neutralise your *kama, krodha, lobha, moha, mada, maya, matsara* — so that desire, anger, greed, delusion, pride, illusion, and envy, that entire slot. And literally, what gets annihilated is *avidya, asmita, raga, dvesha, abhinivesha*.

Now I'm going to put all that behind — it was important to impress you because this is the Rotary Club of Bombay. And this is my third time here.

Having started the business of fitness and health 45 years ago, I pioneered the scene of holistic health. The word “holistic” existed in the thesaurus, but I put the “health” suffix to it. And worldwide, people did carry on the lingo. I started writing literally 40 years ago in newspapers. Today, I've written seven books — and thankfully, many more to come.

Now, we never grow old. When we stop growing, we become old. We shouldn't become old. Every disease is born out of ignorance and a lack of awareness.

If, at 60, people walk with a little difficulty, we think it's normal. If, at 70, a little more difficulty, we still feel it's normal. If, at 80, there is discoordinated movement or behaviour, we feel it's “natural”. And then you sit in the chair, you don't get off the chair. You get into the bed. You get bedridden. Now, that's not normal.

If at 60, you make sure that your gait is corrected, your spine is aligned, your joints are mobilised, your lungs are empowered with breath — because your five lobes of lungs and your five lobes of the brain correlate, correspond and wire together with your whole body — then obviously, you are going to be independent all your life and never get bound to a chair or a bed. Even at 90, we've had bedridden people out in three years, walking two to three kilometres a day.

There was a 92-year-old gentleman with Parkinson's and Alzheimer's. Within six months of good work, we could literally bring it down by 40% and stabilise him. One who could not get out of bed often started moving around twice a day, taking walks in the park. With so many treatments put together, I know of many senior citizens today who literally look after themselves all day — because that should be their business.

Once you're doing nothing, revelling in well-being is the only thing that you should be doing, and you will certainly not die of disease. When many people ask me, “How come, brother? Most of your clients are

doing so well and we aren't?” I tell them:

*“Heights by great men reached and kept  
Were not attained in sudden flight,  
But they, while their companions slept,  
Were toiling upwards in the night.”*

So don't waste your life. Don't let it wither away. Don't say, “This is my destiny. These are my genes.” You can have genes [jeans] of Levi's, Pepe, Armani, Hugo Boss... But other genes are changing. 95% of your genes are indeterministic. Only 5% of your genes are deterministic. Don't be a prey to that 5%, because genes hold the gun, and your environment and your choices pull the trigger. So make the right choices. Make noise about good things in life — and there you go!

Now, when people ask me, “What about congenital diseases?” We also work with congenital patients — and those diseases can also be changed. Every child is born with a predetermined genetic disposition, and when scientifically intervened with, we can change the medical metrics of the outcome of the therapies.

I always say: spend your time and invest your money more in therapies, so that you save on hospital ICU beds later.

Independence. Initialise. Special children. Super-specialise mankind. Minimise. And yes, we work with very many such children with special needs. And when doctors say that nothing more is possible, I tell them: the *Jo pure hai, woh adhure hai aur jo adhure hai woh jyada pure hai*; the potential in them to become more complete than you always remains so hidden. You just have to tap in to the potential of the spirit — and champions are born out of challenges. And extraordinary are those who know there is something within them which is superior to circumstance.

Now, this superiority can come with your discipline of thought, deed, and attitude. And there is one very powerful tool for you to excel in every form of wellness — yoga.

- **People who go to gym, I ask them a simple thing: “Is there any exercise for kidneys?” They say, “No.”**
- **People who do heavyweight training — I ask them: “Is there any exercise for liver?” They say, “No.”**
- **People who run a lot and do heavy bodybuilding — I ask them: “Is there any exercise for gut health, pancreas management?” They say, “No.”**

So I say, “Then why do you go to the gym?”



Do yoga. You will transcend. You will transform. Alchemy will happen. Your organs will renew themselves. The science of age renewal is:

It takes 7 days for your stomach lining to change for you. 30 days for your skin to change for you. 90 days for your musculoskeletal structure to change for you. And in one whole year, you can entirely change yourself anew — provided the dying cell and the birthing cell are simultaneous.

That happens with breath work, movement, yoga, food, *dhyana, sadhana*, and much more.

So, many people practise medicine here. How many of you have heard something called coherence of your head and your heart? That's the medicine of the future — which was also the medicine of ancient times.

- **How many of you have heard about the consonance of your prefrontal cortex?**
- **How many of you have heard about the limbic resonance of your reptilian brain?**
- **How many of you realise that the electrical charges of your brain and the magnetic field of your heart, put together, can manifest anything you want — at the blink of an eyelid?**

Nevertheless, life starts from east to west. So, 7 asanas for *vanvasa*:

## PASCHIMOTTANASANA

As they move and get into *asana*, they will squeeze their stomach. The organs will ooze



out all the toxins. The core becomes stronger. And when the core becomes strong, the confidence grows.

When core and confidence improve, the correlation is that your creativity grows. Your digestion, assimilation — everything gets better and lifts up.

And lie down completely, then stretch back. What happens is: oxygen-laden blood, nutrient-laden blood, gets into your core again and all your organs. Your organs stop ageing and renew themselves.

Now, as life moves in front, life moves backwards. So:

### HALASANA

If you do this, your spine opens up. Your thyroid gland — which is the Vishanti gland — gets squeezed. Your metabolic activity gets regulated. Your organs hang downwards against gravity, so they are relaxed. The strain and stress from the organs is gone.

Maximum blood gush happens with the brain and organs, and we rejuvenate.

The flavour of yoga should burn bright. So:

### SARVANGASANA

With this, by the virtue of gravity, all blood goes to the brain and your spine also relaxes. Here, you find a sense of balance.

When you do Sambhavi Mudra, when you put both the eyes right into the pineal gland, that is the time — whatever you think, you decide, you want to — it's manifested. So your laksha becomes your sankalpa, your siddhi, your sakshi bal gets improved upon.

Now we will do:

### CHAKRASANA (BRIDGE POSE)

Yoga is also about congruency of your geometry with the sacred geometry of the cosmos. So when you become bridge — a typical hypotenuse that goes right down to the gravity and up — your spine gets trending, your abdomen gets lengthened, your diaphragm opens up (which otherwise is always constricted).



The five lobes of your lungs empty the carbon dioxide, and you can fill them up again — so that you don't age, you don't pant, and your cardiovascular fitness also improves.

### DHANURASANA (BOW POSE)

And on the pinpoint surface of the stomach to balance is equanimity, equilibrium, and homeostasis of the stomach. And this is when you become resilient, tenacious in your joints, your bones, your spine.

Now, we all heard that yoga is about oneness with yourself. So we'll turn around and do:



### KARNAPIDASANA

In this oneness with yourself, you create a reservoir of energy and you create a perfectly synchronised, coordinated psycho-neurophysiology — bio-muscular equilibrium.

This is becoming one with yourself. Your ENT becomes very sharp. You would never get Alzheimer's, dementia, Parkinson's — and if you have it, we will correct it.

Lastly, become a snake:

### BHUJANGASANA (COBRA POSE)

Now humans came from the *Pashu Varg*, and above *Pashu Varg* is the *Purush Varg*. But in between, they are humans.

So when we were on all fours, our left and right brain worked differently. But when we came back up on our toes and our spine became straight, the left-right synchronicity



of brain functions happened. And humans created.

Then, they went to the moon. They created the wheel. They came up with the Sūnya, the decimal. And everything else — including quantum physics.

So like a cobra, with spine straight — be bright, but don't bite. This reflects responsiveness and alertness. Stretching the stomach, contraction in the spine — this is

one of the perfect anti-ageing exercises.

So yoga, to look at, might seem very boring. But to do it — it is extremely dynamic. It can make superhumans. The story today is that Olympians are being trained in yoga. Olympians are being trained in meditation.

I went to a military camp and trained the sharpshooters there — and we got gold medals only because they practised meditation, breath work, and they could align with the target better.

Now, what do we do with people who are almost dying? It started in my own home, 22–23 years ago. My mother was dying of grade 4 cancer, and I was only into fitness until then. Thereafter, with that experience, I got into serious healing management.

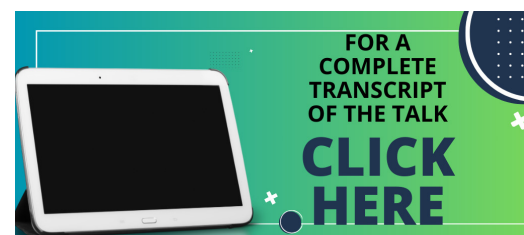
Champions are born out of challenges, and this is the story of once a champion — my mother, Katie Mehta, 88 today.

Eighteen years ago, she was detected with cancer in her stomach — a huge tumour that needed to be brought out a few weeks down the line. I was advised that she needed chemotherapy and radiation. The doctor said, "With or without chemo, she may not survive for more than six months because it's cancer."

But I said — no chemo, no radiation. Because I knew that, at the age of 70, eighteen years back, for her to have taken such harsh chemo and radiation would have been very dangerous. So we started simple treatments at home: Consumption of herbs, prayers, meditation, yoga, breathing, wheeling around in the sun, and embracing nature.

It's been eighteen years now — she does yoga every day. What happened exactly a year and a quarter back: she had a fall. She broke her right hip. The orthopaedic surgeon said, "She may not walk." We said, "Do the surgery nevertheless."

After the surgery, of course, she was bedridden for quite some time. But we started physiotherapy, yoga twice a day, breathing, meditation, prayers, vegetarian diet, and lots of sunshine. And now — she walks again. This is the story of the champion. When doctors say "not possible," don't give up — because the human spirit can triumph against all odds. And naturopathy can make a dead man walk—and a dumb man talk.





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TO CELEBRATE THE TRANSFORMATION OF

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**THURSDAY, 19 JUNE 2025**



Join us as we receive a traditional Village welcome, visit the Anganwadi and the Zilla Parishad School, and enjoy memorable interaction with students and parents.

6:30 am - Departure from Bandra-Worli Sea Link Toll Naka ([Map](#))

9:00 am - Arrival at Shree Dutt Snacks, Manor ([Map](#))

9:30 am - Departure from Shree Dutt Snacks

11:30 am - Arrival at Pimpurna ([Map](#))

1:00 pm - Departure from Pimpurna

**RTN. RAVI FOTEDAR**

**CHAIRMAN**  
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**RTN. PULIN SHROFF**

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IVD COMMITTEE

# Walk the Talk with Manish Maker: Where Art Meets Architecture



## A SPECIAL RCB EXPERIENCE AT JIO WORLD DRIVE

In an inspiring afternoon of discovery and dialogue, 20 members of the Rotary Club of Bombay embarked on a Walk the Talk at Jio World Drive, guided by visionary developer Manish Maker. Once a derelict drive-in theatre, the space has been reimagined as a cultural landmark — one where art, architecture and community seamlessly converge.

Manish Maker’s vision is simple yet profound: to invite Mumbai to pause, look up, and engage with art as a way of life. For RCB members, this wasn’t just a tour — it was a powerful reminder of how creativity can transform urban spaces into meaningful experiences.

The walk featured monumental public artworks by renowned international and Indian artists:

- Arne Quinze’s Stilthouse stood tall, capturing the spirit and resilience of Dharavi.
- Grimanesa Amoros’s Golden Array mesmerised with its dynamic play of light and shadow.
- Susanne Rottenbacher’s glowing sculpture offered a poetic nod to the site’s cinematic past.
- Sudarshan Shetty’s Flying Bus brought a playful, surreal touch to the urban skyline.

Another standout was Srinivasa Prasad’s Payana — a bullock cart heaped with humble, everyday objects,

evoking memories, burdens, and the journey of life itself.

The group also explored Apple BKC, India’s first Apple flagship store, where minimalist design meets Maker’s vision of a space infused with creativity and intention.

The experience concluded at the Bay Club, home to CREATE — Maker’s initiative to support local talent in art, music and sport. Here, members reflected on the role of developers not just as builders, but as cultural curators shaping how we experience our cities.

This Walk the Talk wasn’t just a glimpse into a new Mumbai — it was a celebration of imagination, vision, and the enduring power of art to connect us all.



# MONTHLY PATIENT COUNT

Director	Rtn. Renu Basu	
Committee chair/co-chair	Rtn. Mihir Mody / Rtn. Meera Alreja	
Name of the Committee	RCB Medical Centre, Talwada	
Patients visited / treated		May-25
PRVEC	Ophthalmic OPD	1126
	Spect given during the month	93
	Operations	43
	Patient kept for treatment	3
	IOL	38
	Yag Laser	--
	Green Laser	--
	Keratoplasty	--
TOTAL		1303

ADMC	General OPD	701
	Dental OPD	62
	Paediatric OPD	12
	Pathology Lab	84
	TB Patients	13
	Gynaecology	5
TOTAL		877

Director	Rtn. Renu Basu	
Committee chair/co-chair	Rtn. Dr. Mehernosh Dotivala / Rtn. Reema Damani	
Name of the Committee	Cotton Green	
Patients visited / treated		Apr-25
COTTON GREEN	Homoeopathy	376
	Dental OPD	320
	Ophthalmic OPD	96
	Paediatrics OPD	46
	General OPD	233
	Pathology Lab	15
	ECG	35
TOTAL		1121



Rotary  
Club of Bombay  
*Celebrating 96 years of service*



PRESIDENT SATYAN ISRANI  
&  
FIRST LADY NAVEENA ISRANI  
REQUEST THE PLEASURE OF  
YOUR COMPANY AT THE  
**SHUKRIYA NITE**

THE LAST MEETING OF THE  
ROTARY YEAR 2024-25

PRID MAHESH KOTBAGI  
GUEST OF HONOUR

TUESDAY, JUNE 24TH, 2025  
REGAL ROOM, TRIDENT HOTEL  
NARIMAN POINT, MUMBAI

6.00 PM

FELLOWSHIP

7.00 PM

MEETING CALLED TO ORDER

8.30 PM

DRINKS AND DINNER

9.30 PM

AFTER PARTY WITH DJ SUKETU

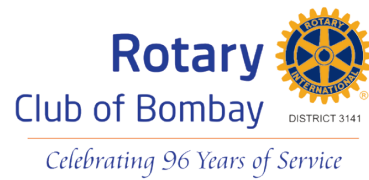
GUEST CHARGES ₹6500

RSVP RASHMI KOTIAN

CLICK ON : [+91 97691 40141](tel:+919769140141)

DRESS CODE : FORMAL/CLUB





**President Satyan Israni**  
and  
The Board of Directors  
of  
The Rotary Club of Bombay  
request the pleasure of your company  
at the Installation Ceremony of

**Rtn. Bimal Mehta**

as President of Rotary Club of Bombay

on Tuesday, July 1<sup>st</sup> 2025

at 11.15 am

Regal Room, Trident Hotel, Mumbai

with District Governor

**Dr Manish Motwani**

as the Chief Guest

RSVP: Rashmi Kotian - 97691 40141

Members' guest - Rs. 5000

Programme:

11.15 am - Fellowship

12 pm - Meeting commences

1.30 pm - Lunch

Dress code - Formal



## ROTARIAN BIRTHDAYS



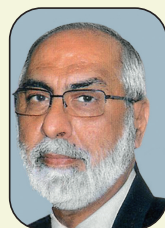
**JUNE 10**  
Rtn. Tahera  
Mandviwala



**JUNE 11**  
Rtn. Vineet  
Kedia



**JUNE 12**  
Rtn. S. V.  
Prasad



**JUNE 13**  
PP Gul  
Kripalani



**JUNE 14**  
Hon. Rtn.  
Kumarmangalam  
Birla



**JUNE 14**  
Rtn. Jaymin  
Jhaveri



**JUNE 15**  
Hon. Rtn.  
Lakshmi Mittal



**JUNE 16**  
Rtn. Vrinda  
Rajgarhia



**JUNE 16**  
PP Shernaz  
Vakil

## ROTARIAN PARTNER BIRTHDAYS

**JUNE 11**  
Rtn. Ptn. Gulrez Contractor

**JUNE 12**  
Rtn. Ptn. Firoze Vakil

**JUNE 16**  
Rtn. Ptn. Mita Dalal

## ANNIVERSARIES

**JUNE 11**  
Rtn. Ptn. Kaavya & Rtn. Sushil Chandiramani

**JUNE 12**  
Rtn. Ptn. Mayuri & Rtn. Alok Sekhsaria

**JUNE 15**  
Rtn. Ptn. Usha & Rtn. Suresh Agarwal  
Rtn. Ptn. Kashmira & Rtn. Dilip Dalal

ROTARY CLUB OF BOMBAY 2024-25	
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PP Nandan Damani	PP Ashish Vaid
	Ishraq Contractor
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Animal Welfare	Priyasri Patodia
Director Gautam Doshi	
Bhavishya Yaan	Akhil Sanghi
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Programme	Rina Deora
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Dialysis	Swati Jajodia
Director Mudit Jatia	
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Fellowship & In-Camera	Ritu Desai
Assimilation	Vineet Suchanti
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Director Jaymin Jhaveri	
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Paediatric Heart Surgeries	Natasha Treasurywala
Rotaract Clubs	Sidhant Jatia
Satellite Club	Murad Currawalla
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Scholarships	PP Preeti Mehta